

PROPOSED SCHEME OF SERVICE

ORGANISATION:	Mauritius Sports Council
POST:	Exercise Referral Officer (Contractual)
SALARY:	Rs 26 000 + Transport
PHONE ALLOWANCE:	Rs 1000

QUALIFICATIONS:

- A. Possess a Bachelors Degree in Sport Science, Sports Coaching, Physical Education or any other degree equivalent is acceptable to the Council.
- B. Be Computer Literate
- C. Possessed a minimum of 2 years of experience in the field.

DUTIES

1. Be a first point of contact for all referred patients (by doctors) in Mediclinic/Area Health
2. Assessing patients referred to Exercise Referral Schemes by doctors/health care professionals
3. Delivering exercise referral classes in the community
4. Provide a coordination and information for patients to Ageing Well programs, through face-to-face contact, telephone, and digital enquiries.
5. Triaging all referrals to appropriate exercise program through provision based upon the patient's needs.
6. Using intervention principles to encourage positive lifestyle and behaviour changes to encourage physical activity.
7. Work closely with the Active Mauritius, health partners and other services to ensure patients have access to wider support services where appropriate.
8. Monitor and support a patient's experience by mentoring them through a process whilst monitoring strict confidentiality protocols. This includes using behaviour change techniques to support patient's decisions and commitment
9. Exercise judgement in a range of scenarios including working with different organisations.
10. Able to find creative solutions and make sound decisions in order to resolve patient's issues'
11. Stay up do date with the information/evidence in Exercise Referral Schemes
12. Undertake administrative duties if requested by the PO/PH.
13. Upon request of PH/PO, deliver any related tasks for the smooth running of the programme